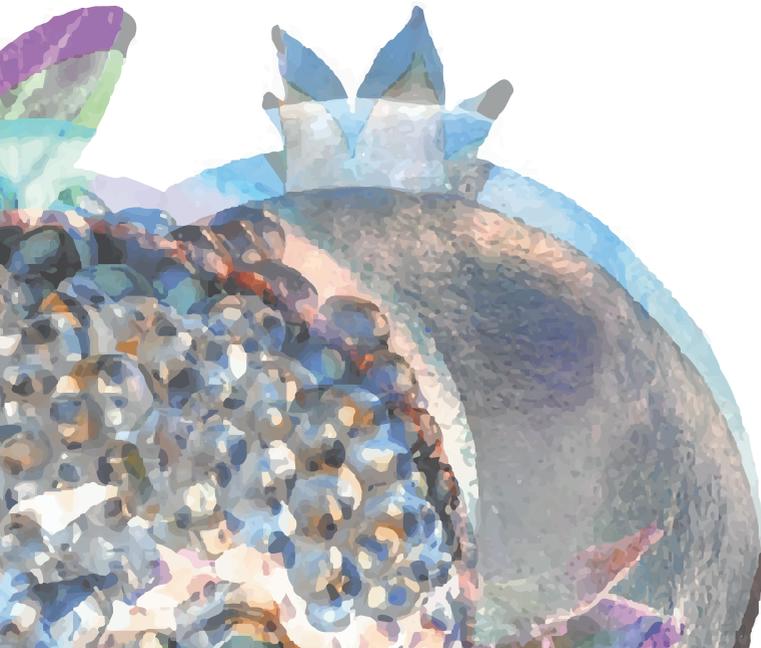


*An International Conference*  
Faculty of Arts and Humanities, UPorto - Portugal

**MORE MEALS  
TO COME**

**11 > 13 April 2019**





CIÊNCIA TECNOLOGIA  
E ENSINO SUPERIOR



# **MORE MEALS TO COME**

**11 - 13 APRIL 2019**

*An International Conference*

# MORE MEALS TO COME

*An International Conference*

To celebrate the 300th anniversary of the publication of Defoe's *Robinson Crusoe*, the 70th anniversary of Orwell's *Nineteen Eighty-Four* and the 50th anniversary of Le Guin's *The Left Hand of Darkness*, the ALIMENTOPIA Team invites fellow researchers to participate in More Meals to Come, an International Conference on Utopian/Dystopian Foodways. We are especially interested in multidisciplinary approaches bridging utopian studies and food studies within fields such as Literature, Linguistics, Culture, History, Nutrition, Psychiatry, Anthropology, and the Arts.

ALIMENTOPIA / Utopian Foodways\* is a Project that aims to offer a multidisciplinary approach to the discussion about future conditions of food production and consumption through holistic and prospective utopian thinking, thus aiding the implementation of the emerging field of Food Studies in Portugal.

## Organising Committee

Fátima Vieira (Univ. of Porto)  
Iolanda Freitas (NOVA Univ. of Lisbon)  
Jorge Bastos da Silva (Univ. of Porto)  
Maria Luísa Malato (Univ. of Porto)  
Maria Teresa Castilho (Univ. of Porto)  
Marinela Freitas (Univ. of Porto)  
Pedro Graça (Univ. of Porto)  
Pedro Moreira (Univ. of Porto)  
Rute Costa (NOVA Univ. of Lisbon)  
Teresa Botelho (NOVA Univ. of Lisbon)  
Joana Caetano (Univ. of Porto)  
João Castro Santos (Univ. of Porto)  
Marta Correia (Univ. of Porto)

## Organising Assistants

Sara López Barreiro  
Nina Licul  
Antonija Samaržija  
Marina Girgis  
Stefano Mingolla  
Tomas Antal  
Isabel Reivast  
Kenneth Erhabor

\* Project Ref. Nr. PTDC/CPC-ELT/5676/2014 | POCI-01-0145-FEDER-016680

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# 11 April | Thursday

Venue | Faculdade de Letras do Porto (FLUP)

**9:00** | Registration [Room | Anfiteatro Nobre](#)

**9:30** | Opening Session [Room | Anfiteatro Nobre](#)

**10:00-11:15** | Roundtable 1 [Room | Anfiteatro Nobre](#)

*to be held in Portuguese*

*O Vegetariano: The Portuguese Vegetarian Magazine (1909-1935)*

*Chair:*

*Fátima Vieira (Univ. Porto)*

*Participants:*

*Researchers of the ALIMENTOPIA / Utopian Foodways Project*

**Fátima Vieira** (Univ. of Porto), **José Eduardo Reis** (UTAD)  
**Maria Manuel Quintela** (ESEL/CRIA)

**11:15** | Coffee Break [Room | Meeting Room 2](#)

**11:30-13:00** | Panels 1-2

## **Panel 1**

[Room | 201](#)

### **Food Experiments**

*Chair: Iolanda Ramos (NOVA Univ. of Lisbon)*

**Ana Paula Coutinho & Marta Correia** (Univ. of Porto): "Refugees and Food: A Syrious Case of Success"

**Ana Paula Pedrosa** (ISCSPP – Univ. of Lisbon): "Alternative Agri-Food Networks and Their Implications for Social Policy: a Literature Review"

**José Eduardo Reis** (UTAD): "*The Last European* by Miguel Real: Reflections on the Narrative's Isotopic Diet"

## **Panel 2**

[Room | 203](#)

### **Food and Power Dynamics**

*Chair: Maria Luísa Malato (Univ. of Porto)*

**Anne Staquet** (Univ. Mons): "Cyrano's Utopia: When You Become What You Eat"

**Yi-Chun Liu** (Univ. of Porto/Charles Univ. Prague): "The Eater and the Eaten: Sexuality and Power Dynamics in *Spring Feast of the Mandarin Duck*"

**Katarzyna Pisarska** (CETAPS/Maria Curie-Skłodowska University, Lublin): "From Anthropocene to Arthropocene: Human as Predator and Prey in Contemporary Speculative Fiction"

13:00 | Lunch break

14:30-15:30 | **Keynote speaker** Room | Anfiteatro Nobre

**Lyman Tower Sargent** (Univ. Missouri-St.Louis): "From Production to Disposal: The Interaction of Food and Society in Utopias"  
*Chair: Fátima Vieira (Univ. of Porto)*

15:40-17:10 | Panels 3-4

Panel 3  
Room | 201

### Technology and Archi-Food

*Chair: Jaqueline Pierazzo (Univ. of Porto)*

**Ana Sofia de Matos Pinto** (Univ. of Porto):  
"Reaching 'Archi-Gastronomy': An Intersection of Space Production, Pastry and the Power of the Palate"

**Nora Castle** (Univ. Warwick): "It tastes just like chicken': Techno-Utopia and the Future of Food in *The Blind Pig*"

**Marinela Freitas** (Univ. of Porto): "What May Happen in the Next Hundred Years: Joanna Russ's Food Forecast"

Panel 4  
Room | 203

### Utopian Foodways: From the Early Modern Era to the Enlightenment

*Chair: José Eduardo Reis (UTAD)*

**Liam Benison** (Univ. of Porto/Univ. of Kent):  
"Food Consumption and Production in an Imagined and Material South"

**Maria Luísa Malato** (Univ. of Porto):  
"Enough is Enough: Food in Utopias after More (16th-17th Centuries)"

**Jorge Bastos da Silva** (Univ. of Porto):  
"Adventurers and Castaways, Scarcity and Plenty in Eighteenth-Century Speculative Fiction"

17:10 | Coffee Break Room | Sala de Reuniões 2 [Meeting Room 2]

17:30-18:45 | Roundtable 2 Room | Anfiteatro Nobre

*to be held in Portuguese*

*Utopia, Food and Health*

*Chair: Pedro Graça (Univ. Porto)*  
Participants: Researchers of the ALIMENTOPIA / Utopian Foodways Project

**Pedro Graça** (Univ. of Porto), **Maria João Gregório** (Univ. of Porto)  
**Dulce Bouça** (Psychiatrist specialized in eating disorders)

12 April | Friday

Venue | Faculdade de Letras do Porto (FLUP)

9:30 -11:00 | Panels 5-6

Panel 5  
Room | 201

### Utopian and Dystopian Foodways

Chair: *Marta Correia (Univ. of Porto)*

**Jaqueline Pierazzo** (Univ. of Porto): "Fuelled by Bodies, Fed by Souls: Exploring Hungry Houses in Horror Fiction"

**M. J. Sousa Oliveira** (Univ. of Porto): "'Please, oh Snowman, what is toast?': Memories and Nostalgia for Food in Margaret Atwood's *The Handmaid's Tale* and *Oryx and Crake*"

**Fábio Fernandes** (Univ. of São Paulo): "The Shape of Food to Come: Food Concerns and Nutrition in Kim Stanley Robinson's Martian Trilogy"

Panel 6  
Room | 203

### Food Negotiations and Culture

Chair: *Aline Ferreira (Univ. of Aveiro)*

**Alvany Guanaes** (Univ. of São Paulo): "Empathy Through Foodways in Colum McCann's *Let The Great World Spin*"

**Catarina Lima Silva** (Univ. of Porto): "'Comer/Beber' – Food as a Form of Escape of Reality: Resistance and Redemption"

**Sofia de Melo Araújo** (Univ. of Porto): "'Together because it is good to do so': Meals, Food, and Africa in Chinua Achebe"

11:00 | Coffee Break [Room](#) | [Sala de Reuniões 2 \[Meeting Room 2\]](#)

11:30-13:00 | Roundtable 3 [Room](#) | [Anfiteatro Nobre](#)

*to be held in Portuguese* **ALIMENTOPIA: Outcomes**

Chair: *Maria Teresa Castilho (Univ. of Porto)*  
Participants: *Researchers of the ALIMENTOPIA / Utopian Foodways Project*

**Maria Teresa Castilho** (Univ. of Porto), **Maria Luísa Malato** (Univ. of Porto), **Iolanda Ramos** (NOVA Univ. of Lisbon), **Jorge Bastos da Silva** (Univ. of Porto), **Sofia de Melo Araújo** (Univ. of Porto)

13:00 | Lunch break

14:30-15:30

| Keynote speaker

Room | Anfiteatro Nobre

**Patrick Parrinder** (Univ. Reading): "Food and Power: The Utopian City and Its Countryside from Thomas More to William Morris"

*Chair: Jorge Bastos da Silva (Univ. of Porto)*

15:40 - 17:00

| Panels 7-8

Panel 7

Room | 201

### Words for Food

*Chair: Sofia de Melo Araújo (Univ. of Porto)*

**Virgínia Calado** (Univ. of Lisbon): "Words for Food Security in the World: What Can We Learn with the United Nations Reports?"

**Isabel Rodrigues** (Univ. of Massachusetts, Dartmouth): "Tales of Virtuous Consumption: Quinoa Narratives of Redemption"

**Rute Costa & Raquel Silva** (NOVA Univ. of Lisbon): "A Method to Define Nutrition Related Terms"

Panel 8

Room | 203

### Food Ethics and Utopian Diets

*Chair: Teresa Botelho (NOVA Univ. of Lisbon)*

**Aline Ferreira**(Univ. Aveiro): "Dystopian Food: Genetically Modified Seeds and Bioengineered Meals in a Post-Ecocide World"

**Rebeca Sanmartín Bastida** (Univ. Complutense, Madrid): "Experiencing food in Anne of Saint Bartholomew (1549-1626)"

**João Castro Santos** (Univ. of Porto): "One Theme to Unite Them All: Briefly Assessing the Importance of Food in the Harry Potter Series"

17:10

| Coffee Break

Sala de Reuniões 2 [Meeting Room 2]

17:30-18:45

| Roundtable 4

Room: Anfiteatro Nobre

### Terminologia: Os Desafios de Criar um Glossário Multidisciplinar

*Chair:*

Participants:

*Pedro Moreira (Univ. Porto)*

Researchers of the Project

ALIMENTOPIA – Utopian Foodways

**Pedro Moreira** (Faculty of Nutrition and Food Science, Univ. of Porto) **Rute Costa** (NOVA Univ. of Lisbon), **Raquel Silva** (NOVA Univ. of Lisbon), **Tânia Cordeiro** (Nutritionists Professional Association), **Ana Frias** (Nutritionists Professional Association)

# 13 April | Saturday

Venue | Reitoria

10:00-11:15

| Roundtable 5

Room | Casa Comum

*EATing in the Anthropocene*

Chair: Pedro Moreira (Univ. of Porto)

Participants:

**Pedro Moreira** (Univ. of Porto), **António Marques** (IPMA),  
**Duarte Torres** (Univ. of Porto), **Patrícia Padrão** (Univ. of Porto)

11:15

| Coffee Break

Room | 111

11:30-12:30

| Keynote Speaker

Room | Casa Comum

**Ian Watson** (SF writer): **"Forward to Future Food"**

*Chair: Marinela Freitas (Univ. of Porto)*

12:30

| Lunch Break

14:00-16:00

| Panel 9

Room | Casa Comum

Panel 9

## Food of the Future

*Chair: Fátima Vieira (Univ. of Porto)*

**Helena Trigueiro** (Univ. of Porto / NNEdPro Global Centre for Nutrition and Health): "Beyond Nutrients: Meals, Culture and Social Behaviour"

**Teresa Botelho** (NOVA Univ. of Lisbon): "Food in Climate Change Fiction"

**Márcia Lemos** (CETAPS/Univ. of Porto): "After the Flood: A Reading of José Eduardo Agualusa's *Life in the Sky*"

**Cristina Macía** (Author and Translator): "Dinner is in the Replicator: What Feeds Star Fleet?"

16:00

| Coffee Break

| Room 111

Room | 332 (Biblioteca do Fundo Antigo) Room | Workshop Room

16:30-17:30 | **Documentary: Worlds of Ursula K. Le Guin (2018)**

16:30-19:30 | **Workshop on Creative Writing (in Portuguese) with Luís Filipe Silva and João Barreiros (SF writers)**

# KEYNOTE ADDRESSES





### Lyman Tower Sargent

*Professor Emeritus of Political Science  
University of Missouri-St. Louis*

American academic, professor emeritus of Political Science at the University of Missouri-St. Louis, Lyman T. Sargent's main academic interests are in Utopian Studies, Political Theory, American Studies and Bibliography. He is one of the world's foremost scholars on Utopian Studies, founding editor of *Utopian Studies*, serving in that post for the journal's first fifteen years, and recipient of the Distinguished Scholar Award from the Society for Utopian Studies.

## **From Production to Disposal: The Interaction of Food and Society in Utopias**

In the 1950s, the Dutch sociologist F. L. Polak argued that our images of the future help create the actual future, and in the second volume of his magnum opus, *The Image of the Future*, published in Dutch in 1955 and in English in 1961, he attempted to demonstrate that History proved him correct. His examples are at a high level of generalization, such as culture, economic systems, religion, and the like, and, to me, the advantage of utopias is that they present the way social changes actually affect

people in their daily lives, and even those that are pitched at Polak's level of generalization often use examples from daily life to make their point.

Therefore, I shall use food, which is central to any life, let alone the good life the authors of utopias purport to depict, to look at Polak's argument. In doing so, I shall discuss the role of food in utopias from its production to the disposal of waste and how changes in them drive in society and/or changes in society drive changes in the utopias.

### Patrick Parrinder

*University of Reading*

Patrick Parrinder retired from the Department of English in 2008, having been Head of Department (1986-94) and Dean of the Faculty of Letters and Social Sciences (1991-4). He also held a Leverhulme Major Research Fellowship (2001-4) and an AHRC Research Grant (2008-12). Professor Parrinder's main research interests are in English literature since 1880, especially science fiction and utopian studies, and in the history of the novel more widely. He is general editor of the 12-volume *Oxford History of the Novel in English* currently in production, and was general editor of the 17 H. G. Wells titles published by Penguin Classics (2005-7).

### **Food and Power: The Utopian City and Its Countryside from Thomas More to William Morris**

Following Barbara C. Fink's observation that "utopias are what is eaten," I begin with breakfast in Morris's *News from Nowhere*, analysing where the food that is served may have come from. Morris hated the traditional rural economy and the capacity of city-dwellers and other powerful groups to (in Raymond Williams's words) "feed from other men's harvests"; but what alternatives do he and other utopian thinkers have to offer?

Historians offer no clear explanation for the original emergence of cities, but they necessarily result from an agricultural surplus. If the city (and its corollary the division of labour) are what

distinguish the utopia from the paradise, it necessarily follows that in the most influential utopias from Plato onwards only a small proportion of the citizenry are directly responsible at any one time for the production of food. Nevertheless, the classical utopians are also greatly concerned with avoiding food shortages. In More, for example, agricultural production is maximised and everyone is conscripted to serve two years (but only two years) of farm labour. In Campanella, the land is worked by a military force based in the city. Both the 19th-century socialist utopians and the feminist Charlotte Perkins Gilman combine a "garden city" ideal with intensive

food production, the extermination of wildlife, and the destruction of the natural landscape. The institution of communal eating means that almost all meals are prepared and served in the utopian equivalent of a modern hotel or restaurant.

In conclusion, I return to William Morris. How successful was he—alone, or almost alone among the “garden city” utopians—in imagining a classless community no longer based on the exploitation of the country by the city, in which everyone eats food that is fresh, nourishing, varied, and economically and ecologically sustainable?



### Ian Watson

*Science Fiction Author*

Ian Watson's award-winning first SF novel *The Embedding*, about psycholinguistics, appeared in 1973. He is author of over 30 novels and a dozen story collections and these days lives in the north of Spain. In 1990 he worked eyeball to eyeball for 9 months with Stanley Kubrick resulting in screen credit for *A.I. Artificial Intelligence* finally filmed by Steven Spielberg. His unique genre collaboration by two authors with different mother tongues, *The Beloved of my Beloved* with Italian surrealist Robert Quaglia, appeared in 2009, a component story winning the British SF Society Award for short fiction. His collected poems appeared in 2014 as *Memory Man*. His wide-ranging website with many photos is [www.ianwatson.info](http://www.ianwatson.info)

## Forward to Future Food

Historically, SF hasn't primarily been interested in future food. The authoritative on-line *Encyclopedia of Science Fiction*, now at more than 5 million words, has only one relevant theme entry out of 850, namely the cliché of "Food Pills". By now it's plain that climate change, rather than overpopulation, is the major factor as regards a future for human civilisation and even for a habitable environment.

Climate change impacts hugely upon future food production, yet remains unpredictable. For human survival, must extreme transportation of foods stop? Shall tourism disappear? Shall gastronomy disappear? In 2012 the UK Institution of Agricultural Engineers sponsored a major science fiction anthology about the future of food—with what results?

**THEMATIC ROUNDTABLES**



**Roundtable O Vegetariano:  
The Portuguese Vegetarian Magazine (1909-1935)**

*To be held in Portuguese*

**Chair:**

Fátima Vieira  
(Univ. of Porto)

**Participants: Researchers of the ALIMENTOPIA /  
Utopian Foodways Project**

Fátima Vieira (Univ. of Porto)  
José Eduardo Reis (UTAD)  
Maria Manuel Quintela (ESEL/CRIA)

Vegetarianism is normally seen as quite a recent topic in Portugal. However, the dawn of the 20th century was marked by an extensive discussion on the subject, mainly fostered by two Portuguese societies, one based in Porto (Sociedade Vegetariana de Portugal, founded in 1911) and the other in Lisbon (Núcleo Naturista de Lisboa, founded in 1912, which gave way to the current Sociedade Portuguesa de Naturologia). Besides a significant number of books that were then published, the periodical *O Vegetariano*, monthly published from 1909 to 1935, and initially counting on over 3,500 subscribers, acted as a forum for the promotion of the idea that vegetarianism would be the solution to all the systemic problems. In this roundtable we will bring forward the research we have been doing on some of the most debated topics on *O Vegetariano*: the vegetarian network, the therapies and the physicians.

### Fátima Vieira

**Coordinator of ALIMENTOPIA / Utopian Foodways Project**

Fátima Vieira is Vice-President for Culture of the University of Porto. She is Associate Professor (with “Agregação”) at Faculty of Arts and Humanities of the University of Porto, where she has been teaching since 1986. She has got her Doctoral degree in 1998, with a thesis on William Morris and the British Utopian Literary tradition. She was the Chair of the Utopian Studies Society / Europe from 2006 to 2016.

She is the Coordinator of the University of Porto’s branch of CETAPS - Centre for English, Translation and Anglo-Portuguese Studies, where she is the leader of the research project “Mapping Dreams: British and North-American Utopianism”. She has also collaborated with ILC – The Institute for Comparative Literature Margarida Losa since 2000, where she has coordinated research projects on Portuguese Utopianism. She is currently the coordinator of the research project funded by the Foundation for Science and Technology “Utopia, Food and the Future: Utopian Thinking and the Construction of Inclusive Societies - a Contribution from the Humanities”, jointly promoted by ILC and CETAPS.

### Maria Manuel Quintela

**ESEL/CRIA**

Anthropologist and public health nurse, a PhD in Social and Cultural Anthropology from the Institute of Social Sciences (ICS), University of Lisbon, researcher at the Centre for Integrated Research Network in Anthropology (CRIA ISCTE-UL), coordinates thematic line of Health Anthropology since 2014. Has developed research in the area of Anthropology of Health on *termalismo*, tourism, water cures, therapeutic practices, pain, health care and social history of nursing and public health in Portugal / Brazil. Professor Coordinator, at Lisbon School of Nursing (ESEL) since 1988, where she coordinates Anthropology and Public Health ( MSc). Researcher collaborator in the Research Unit and Development in Nursing (UIDE - ESEL )

Stand out as past publications, Quintela, Maria Manuel, 2015, “Seeking ‘energy’ vs pain relief in spas in Brazil (Caldas da Imperatriz) and Portugal (Termas da Sulphúrea)” in Nairandas, Harisch; Bastos, Cristiana (orgs.), *Healing Holidays, Itinerants patients, therapeutic locals and the quest of health*. London, Routledge, pp.239-60); “Armando Narciso: um ‘doutrinador’ do termalismo português (1920-1948)”, em Cristiana Bastos e Renilda Barreto (orgs.), *Circulação do Conhecimento: Medicina, Redes e Impérios, Lisboa, Imprensa de Ciências Sociais* (ICS online), pp. 151-170, ISBN 9789726712886 (2.ª edição, impressa, em 2013) and co-organization of the dossier “ Anthropology and Water. Public Policy and everyday life. Fishing, body and water management, Termalismo, health, environment symbolism” *the ANUÁRIO ANTROPOLÓGICO* (Teixeira, Carla; Quintela, Manuel Maria 2011), UNB (Brasil).

## José Eduardo Reis

UTAD

José Eduardo Reis is an Associate Professor at the University of Trás-os-Montes and Alto Douro, where he lectures in the field of literary studies. He is a member of the Institute for Comparative Literature, from the Faculty of Arts and Humanities of the University of Porto. He has published in the area of comparative literatures, with special focus on literary utopianism. He is a member of the editorial teams of several academic magazines, such as *Letras Vivas*, *Nova Águia*, *Cultura entre Culturas e Atlante*.

### Roundtable

### Utopia, Food and Health

To be held in Portuguese

**Chair:**  
Pedro Graça  
(Univ. of Porto)

**Participants: Researchers of the ALIMENTOPIA /  
Utopian Foodways Project**

Pedro Graça (Faculty of Nutrition and Food Science, Univ. of Porto)  
Maria João Gregório (Faculty of Nutrition and Food Science, Univ. of Porto)  
Dulce Bouça (Psychiatrist specialized in eating disorders)

### Pedro Graça

*Faculty of Nutrition and Food Science, Univ. of Porto*

Ph.D. in Human Nutrition, Faculty of Nutrition and Food Sciences, University of Porto (2004). Master's Degree in Community Health, Faculty of Medical Sciences, NOVA Univ. of Lisbon (1995). Degree in Nutrition Sciences from the University of Porto (1991). Associate Professor, Faculty of Nutrition and Food Sciences, University of Porto. Director of the Faculty of Nutrition and Food Sciences of the University of Porto. Former Director of the National Program for the Promotion of Healthy Food - Ministry of Health. Former National Representative at High Level Group on Nutrition and Physical Activity - DG SANCO - European Commission. Since 1996, he has participated in several scientific research projects, having published at national and international level.

Currently researches in the area of social inequalities and food and food and nutritional policies.

### Dulce Bouça

*Psychiatrist specialized in eating disorders*

Dulce Bouça graduated in Biology at the Faculty of Sciences, University of Lisbon. She also holds a degree in Medicine at the Faculty of Medicine of Lisbon. She is Invited Lecturer at the Psychiatry Wing of the Medicine Faculty of Lisbon, and Invited Lecturer at Católica University of Lisbon, in the post-graduate programme in mental health.

Psychiatrist and Psychotherapist, Bouça specializes in Food Disorders. She has led the internship team of Food Disorders and Behaviours at CUF Descobertas Hospital since 2011, where she is also responsible for the multidisciplinary articulation with consultations of diabetes and bariatric surgery; is a Psychiatry Coordinator, the Psychiatry Representative at the Cluster of Neurosciences. She is a member of the multidisciplinary child diabetes consultation team at CUF Hospital Pediatric Wing. She has published her clinical research in the field of Anorexia Nervosa and is the co-author in Pediatrics and Psychiatry books involving Eating Disorder

### **Roundtable Alimentopia:**

#### **Outcomes**

*To be held in Portuguese*

Throughout the course of this research project we entered new realms within Food Studies, dwelled on new connections for our individual research interests in and outside Utopia, and devised new paths.

On previous occasions, in the framework of other conferences, we have all participated in two roundtables where we shared these new research avenues. In this third and final roundtable, we will focus on our research outcomes and reflect on how the adjustments between our various backgrounds, Utopian Studies, and Food Studies have broadened our research horizons.

#### **Coordinator:**

Maria Teresa Castilho  
(Univ. of Porto)

#### **Participants:**

Iolanda Ramos (NOVA Univ. of Lisbon)  
Jorge Bastos da Silva (Univ. of Porto)  
Maria Luísa Malato (Univ. of Porto)  
Maria Teresa Castilho (Univ. of Porto)  
Sofia de Melo Araújo (Univ. of Porto)

### **Maria Teresa Lobo Castilho**

*Univ. of Porto*

Maria Teresa Lobo Castilho obtained her PhD in American Literature in 1996, with a dissertation entitled *Visões do Sul na Ficção Longa de Eudora Welty: “Outra (?) Terra, Outra (?) Literatura.”* She is Associate Professor at the Faculty of Arts and Humanities of the University of Porto. She is a full member of CETAPS (Centre for English, Translation and Anglo-Portuguese Studies), she collaborates with ULICES (University of Lisbon Centre for English Studies) and she is Chair of APEAA (Associação Portuguesa de Estudos Anglo Americanos) General Assembly Border. Maria Teresa Castilho has published essays on American Literature and Culture, Southern Studies, Utopian Studies and Film Studies, and more recently on Food Studies.

## Thematic Roundtables

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### Iolanda Ramos

NOVA Univ. of Lisbon

Iolanda Ramos is an Associate Professor at NOVA University of Lisbon, Portugal, and a researcher at the Centre for English, Translation and Anglo-Portuguese Studies (CETAPS) on the projects “Alimentopia: Utopian Foodways” and “Mapping Dreams: British and North-American Utopianism”. She has published extensively on Cultural Studies, Utopian Studies, Food Studies, Victorian Studies and neo-Victorianism. Among her publications are “R. F. Burton Revisited: Alternate History, Steampunk and the Neo-Victorian Imagination” (*Open Cultural Studies*, 2017), *Matrizes Culturais: Notas para Um Estudo da Era Vitoriana* (Colibri, 2014) and *Performing Identities and Utopias of Belonging* (co-ed., CSP, 2013). Her doctoral thesis on John Ruskin’s social and political thought was published by the Gulbenkian Foundation in 2002. Her research interests cover 19th to 21st century culture and include speculative fiction, identity, gender, visual and cross-cultural issues.

### Maria Luísa Malato

Univ. of Porto

Associated Professor with tenure at the University of Porto (Faculty of Arts and Humanities of University of Porto); MA and PhD in Comparative Literature; Main fields of research: Utopian Studies, Rhetorical Studies and Theatrical Studies (18th-19th centuries). Member of the Institute of Comparative Literature Margarida Losa (ILCML), unit of R&D financed by the FCT/ Portugal (since 1999) and researcher in two main projects: ALIMENTOPIA / Utopian Foodways and Inter/ Transculturalidades. Vice-President of the APLC/ Portuguese Comparative Literature Association (2013-2018). Co-Editor of *Pontes de Vista. Revista de Filosofia e Literatura*, online journal about *Philosophy & Literature*.

### Jorge Bastos da Silva

Univ. of Porto

Jorge Bastos da Silva teaches in the Department of Anglo-American Studies, the Faculty of Arts and Humanities, University of Porto. His main fields of research are English Literature and Culture, Intellectual History, Utopian Studies, and Translation and Reception Studies. He is the author and editor of a number of works, among which: *English Literature and the Disciplines of Knowledge, Early Modern to Eighteenth Century: A Trade for Light* (2017); *A Time to Reason and Compare: International Modernism Revisited One Hundred Years After* (2016); *Tradução e Cultura Literária. Ensaios sobre a Presença de Autores Estrangeiros em Portugal* (2014); *The Epistemology of Utopia: Rhetoric, Theory and Imagination* (2013); *A Instituição da Literatura. Horizonte Teórico e Filosófico da Cultura Literária no Limiar da Modernidade* (2010); *Vasco José de Aguiar, Utopista Português do Século XIX* (2010); *Shakespeare no Romantismo Português. Factos, Problemas, Interpretações* (2005); *Utopias de Cordel e Textos Afins. Uma Antologia* (2004); *O Véu do Templo. Contributo para uma Topologia Romântica* (1999). He is the editor of *Op. Cit.: A Journal of Anglo-American Studies*.

## **Terminologia:**

### **Os Desafios de Criar um Glossário Multidisciplinar**

**Chair:**

Pedro Moreira  
(Univ. Porto)

**Participants: Researchers of the ALIMENTOPIA / Utopian Foodways  
Project**

Pedro Moreira (Faculty of Nutrition and Food Science, Univ. Porto)

Rute Costa (NOVA Univ. of Lisboa)

Raquel Silva (NOVA Univ. of Lisboa)

Tânia Cordeiro (Nutritionists Professional Association)

Ana Frias (Nutritionists Professional Association)

This roundtable will focus on terminology related to food and the challenges of creating a multidisciplinary glossary in Portuguese.

## **Pedro Moreira**

*Faculty of Nutrition and Food Science, Univ. Porto*

Nutritionist and Full Professor of Human Nutrition at Faculty of Nutrition and Food Sciences (FCNAUP), University of Porto. He is the Director of the undergraduate course in Nutritional Sciences at FCNAUP, and Research Fellow at the Public Health Institute and at the Research Center on Physical Activity and Leisure, both from the University of Porto. His research interests are nutritional and dietary intake environments in the life cycle for the prevention of metabolic diseases.

Main projects and papers are available at <http://orcid.org/0000-0002-7035-7799>

### **Raquel Silva**

**NOVA Univ. of Lisbon**

Raquel Silva is an integrated researcher at CLUNL with PhD on Linguistics. She develops theoretical research and methodologies applied to terminology management for public or private sectors. CLUNL post-doctoral fellow in Terminology, in the Lexicology, Lexicography and Terminology research group. She participated in the project BDTT-AR Creation of the Terminological and Textual Database of the Portuguese Parliament (2005/2007 and 2009/2012) and in the project Terminology for the development of Public Administration in Angola – TERMAP-AO (2014/2019). She was a guest teacher in the Master in Terminology and Management of Information for Special Purposes at NOVA FCSH (2008/2017). She also provides language consulting, translation, proofreading and terminology management services.

### **Rute Costa**

**NOVA Univ. of Lisbon**

Rute Costa is Associate Professor with 'Agregação' in Linguistics – Lexicology, Tenure, Terminology, at NOVA Univ. of Lisbon. She is the chairperson of CLUNL's Scientific Committee. She is also the chairperson of ISO/TC37/SC2 "Terminology workflow and language coding". Between 2000 and 2006, she was the chairperson of the European Association of Terminology (EAFT). At NOVA FCSH she teaches Terminology, Theories in Terminology, Terminology and Ontologies, among others. At present, she is a guest lecturer at Université Savoie Mont-Blanc, France. She was a guest lecturer at University of Luxembourg and Universidade Agostinho Neto, Luanda. She is guiding a dozen of PhD theses, supervising and co-supervising. In 2011, she was awarded the Order "Chevalier de l'Ordre des Arts et des Lettres".

### **Tânia Cordeiro**

**Nutritionists Professional Association**

Head of Office of the President of the Nutritionists Professional Association.

### **Ana Frias**

**Nutritionists Professional Association**

Advisor of the President of the Nutritionists Professional Association.

### **Roundtable** **EATing in the Anthropocene**

**Chair:**  
Pedro Moreira  
(Univ. Porto)

**Participants:**

Pedro Moreira (Faculty of Nutrition and Food Science, Univ. of Porto)  
António Marques (IPMA)  
Duarte Torres (Faculty of Nutrition and Food Science, Univ. of Porto)  
Patrícia Padrão (Faculty of Nutrition and Food Science, Univ. of Porto)

Food is the single strongest lever to optimize human health and Planet sustainability. Global dietary guidelines need changes aligned with sustainable food production, and a great food transformation. In this session, an Healthy Planetary Reference Diet will be discussed, in the context of severe dietary gaps between countries according economic, demographic, and epidemiological changes (e.g. nutrition transition), pollution that may affect nutrient-rich foods (e.g. seafood), and potential innovative techniques that include using insects and other foods as human feed.

### **Pedro Moreira**

*Faculty of Nutrition and Food Science, Univ. of Porto*

Nutritionist and Full Professor of Human Nutrition at Faculty of Nutrition and Food Sciences (FCNAUP), University of Porto. He is the Director of the undergraduate course in Nutritional Sciences at FCNAUP, and Research Fellow at the Public Health Institute and at the Research Center on Physical Activity and Leisure, both from the University of Porto. His research interests are nutritional and dietary intake environments in the life cycle for the prevention of metabolic diseases.

Main projects and papers are available at <http://orcid.org/0000-0002-7035-7799>

### António Marques

**IPMA**

Senior researcher at the Portuguese Institute for the Sea and Atmosphere (IPMA), holds a PhD in Applied Biological Sciences from the University of Ghent (Belgium), and has expertise on seafood quality and safety (chemical contaminants and microbiology), application of new technologies for the improvement of seafood quality/safety, and in assessing the effects of climate change in seafood quality and safety. He has published over 100 peer-reviewed articles and is the Guest Editor of Environmental Research and Food Chemical Toxicology. António Marques has extensive expertise in leadership positions in EU projects (coordinator of H2020 SEAFOODtomorrow, FP7 ECsafeSEAFOOD, FP6 RISKFOODCONT; Work Package leader for ACRUNET, SEA-ON-A-CHIP, LOBSTERPLANT, SHELLPLANT, MUSSELSALIVE, CRUSTASEA). He is also the EFSA contact at IPMA.

### Patrícia Padrão

**Faculty of Nutrition and Food Science, Univ. of Porto**

Patrícia Padrão is a nutritionist and assistant professor at the Faculty of Nutrition and Food Sciences of the University of Porto. She holds a Masters Degree in Public Health and a PhD in Food Sciences and Nutrition. She is member of the Board of the Institute of Public Health of the University of Porto (ISPUP) and member of EPIUnit (Epidemiology Research Unit, ISPUP). Her research interests are focused on the exposure to food and nutritional conditions that increase the risk for noncommunicable diseases especially, sodium, potassium, trans-fat and hydration. Currently her main research projects are street food and nutritional literacy.

### Duarte Torres

**Faculty of Nutrition and Food Science, Univ. Porto**

Graduation in Nutrition Sciences | MSc Biotechnology – Bioprocesses Engineering | PhD Chemical and Biological Sciences and Engineering, Assistant Professor at Faculty of Nutrition and Food Sciences | University of Porto. Researcher at the R&D Epidemiology Research Unit at the Institute of Public Health | University of Porto. Main areas of interest: Risk assessment of chemicals in foods. Dietary assessment methods. Exposure assessment of chemicals in foods. Food Science and Technology. Food sustainability – food resources. ORCID: <https://orcid.org/0000-0001-8960-2160>

**INDIVIDUAL PAPERS**



**PANEL 1 - ROOM 201**

**Food Experiments**

**Chair:**

Iolanda Ramos  
(NOVA Univ. of Lisbon)

**Refugees and Food - A Syrious Case of Success**

*Ana Paula Coutinho / Marta Correia*  
CETAPS / ILCML - Univ. of Porto

This paper aims to show how the integration of refugees can be successfully done through food. Drawing on experiences of forced dislocation, food, as one's cultural expression and an evocative tool of memories, will be presented through a case study and analysed from its symbolic perspective, its implications in the politics of inclusion and intercultural communication. Mezze, a Middle-Eastern restaurant in Lisbon is our "syrious case of success", a model of a thriving business created through an NGO as a social project to employ people in forced exile.

**Ana Paula Coutinho**

Associate Professor with tenure in the Portuguese and Romance Studies Department at the Faculty of Arts and Humanities of the University of Porto, where she has been teaching in the fields of Comparative Literature and French Studies. She has always focused on contemporary literature from a comparative perspective, having in the past few years developed research in the areas of interculturality, and artistic and literary representations of migration and exile. She is currently the scientific coordinator of the Comparative Literature Institute – Margarida Losa.

**Marta Correia**

Currently attending a PhD course in Feminist Studies at the Faculty of Arts and Humanities at the University of Porto. She holds an M.A. degree in Women's Studies. Her main interests in research include Virginia Woolf and her facet as a feminist, women's activist groups, female writers who focus on the issues of oppression and war, and also food in times of armed conflict through the eyes of women writers. At the moment, she is researching the work of Slavenka Drakulić, a Croatian author who has dedicated some of her writings to the conflict in the former Yugoslavia. Marta Correia has participated in a number of projects at the University of Porto coordinated by CETAPS and ILC-ML and several international conferences in Portugal and abroad.

**PANEL 1 - ROOM 201**

***Food Experiments***

**Chair:**

Iolanda Ramos  
(NOVA Univ. of Lisbon)

**Alternative Agri-food Networks and Their Implications for Social Policy: A Literature Review**

*Ana Paula Pedrosa*

Instituto Superior de Ciências Sociais e Políticas - ISCSP  
University of Lisbon

Through a literature review, the paper approaches the potential of alternative agri-food networks, especially the Communities Supported Agriculture, to transform the Food Systems and create innovative forms of sociability. The community capital and collective actions for the solution of environmental, economic and social problems are important to the development of sustainable communities, helping to achieve the goals of 2030 Agenda. Initiatives related to consumption and production of food can create fairer communities and directly impact the food and nutritional security of the community. These networks also act as a resistance movement to the conventional way of production and access to food, by addressing the particularities of each territory, food traditions and local biodiversity. The literature also stands out the implications of the alternative agri-food networks for social policies by promoting rural and community development, strengthening family farming, preserving the environment and contributing to individual health, impacting on public health systems.

**Ana Paula Pedrosa**

Ana Paula Pedrosa attends a Master degree in Social Policy in the Instituto Superior de Ciências Sociais e Políticas of the University of Lisbon. Her research project, which seeks to understand the implications of the alternative agri-food networks for social policy, analyzes the Community Supported Agriculture in

Brasilia, the Brazilian capital. She also works as social policy analyst in the National Secretariat of Food and Nutrition Security of the Brazil Ministry of Social Development.

**PANEL 1 - ROOM 201**

**Food Experiments**

**Chair:**

Iolanda Ramos  
(NOVA Univ. of Lisbon)

***The Last European* by Miguel Real: Reflections on the Narrative's Isotopic Diet"**

José Eduardo Reis

UTAD

In his latest published novel *The Last European* (2015), Portuguese novelist and essayist Miguel Real makes use of rhetorical devices to delve into imaginary futuristic possibilities, blending science fiction traits with those of the utopian genre – a literary mode almost nonexistent in the Portuguese literary tradition. The novel starts with the narrator evoking libraries and book objects as extinct cultural signs of a remote humanistic era, these artefacts having long since been replaced by brain empowerment devices. Such technology is representative of a sophisticated post human New European order which is on the verge of collapse due to an impending Eastern invasion in 2284, the year in which most of the narrated events take place. The critical representation of wishful/utopian but also fearful/dystopian possibilities in the *The Last European* is not conceived dualistically within a narrative program intentionally aimed at fictionalizing a metaphysical conflict between the categories of good and evil. The apparently ideal order of the “New Europe” is from the outset nuanced by coexisting dystopian traits stemming from a systemic nullification of individual free will. As well as highlighting the symbolic meaning within the narrative of the isotopic diet regimen in the novel, this essay attempts to discuss the ingenious way that in *The Last European* Miguel Real has recreated, articulated and problematized the various and contradictory subgenres of utopianism.

**José Eduardo Reis**

Associate Professor at the University of Trás-os-Montes and Alto Douro, where he lectures in the field of literary studies. He is a member of the Institute for Comparative Literature, from the Faculty of Arts and Humanities of the University of Porto. He has

published in the area of comparative literatures, with special focus on literary utopianism. He is a member of the editorial teams of several academic magazines, such as *Letras Vivas*, *Nova Águia*, *Cultura entre Culturas e Atlante*.

**PANEL 2 - ROOM 203**

***Food and Power Dynamics***

**Chair:**

Maria Luísa Malato  
(Univ. of Porto)

**Cyrano's Utopia: When You Become What You Eat**

Anne Staquet

Université de Mons

The theme of food might seem futile in view of the questions generally addressed by philosophy. However, in Cyrano de Bergerac's utopian novels, *Les États et Empires de la Lune* and *Les États et Empires du Soleil*, the theme of food is strongly linked to the author's philosophy. This is certainly related to Cyrano's materialistic position. To the extent that thought is nothing more than a function of the body, one becomes somehow what one eats. In the same way, death is no longer to be considered as the liberation of a soul, but as a physical transformation process of beings: the putrefaction of a being nourishes plants and worms which will feed birds, which themselves will feed certain mammals. Not only does the distinction between man and animal disappear, but the plants themselves acquire the status of sensitive and reasoned being.

**Anne Staquet**

Anne Staquet holds a doctorate in Philosophy from Laval University and is qualified to direct research at the Université Libre de Bruxelles. She is a professor at the University of Mons, where she heads the Department of Philosophy and History of Science. Deputy Secretary of the National Committee for

Logic, History and Philosophy of Science of the Royal Academy of Belgium, from which she received an award. She was involved in the founding of the Hainaut Society of Philosophy, of which she is President. She has published seven philosophical essays, one novel, one play and more than a hundred articles.

**PANEL 2 - ROOM 203**

***Food and Power Dynamics***

**Chair:**

Maria Luísa Malato  
(Univ. of Porto)

**The Eater and the Eaten: Sexuality and Power Dynamics in *Spring Feast of the Mandarin Duck***

Yi-Chun Liu

University of Porto | Charles University in Prague

In discussing food literature in Taiwan, Shu Guoneng suggests that it has primarily been involved with three facets: applying food as a metaphor to reflect upon issues such as politics; using food as a portrayal of people and events; and attaching food to sex-related concerns. The Taiwanese female writer Li Ang's *Spring Feast of the Mandarin Duck* (2007) is an epitome of all three. In the preface to *Spring Feast*, Li Ang writes how local and exotic food cultures fascinate her, and how she finds a paradoxical cruelty in the act of eating and table manners that ultimately challenges our preconceptions of politics, society, class, and gender. In this paper I analyse the power dynamics between the eater and the eaten, as a channel of exploring issues such as the repression and expression of women's agency and sexuality; themes of bodily autonomy; colonial and patriarchal oppression of women; and the materiality of the female body as represented by food.

**Yi-Chun Liu**

Yi-Chun Liu is currently a doctoral fellow of the Erasmus Mundus Joint Doctoral Program TEEME (Text and Event in Early Modern Europe) at the University of Porto and Charles University in Prague. Her research interests include utopian literature, translation studies, paratexts, and reader-response criticism. Her doctoral project

focuses on the Mandarin translations of Thomas More's *Utopia*. By examining translations and their paratexts, her research aims to explore how *Utopia*—as a book and as a construct—has been appropriated into the Mandarin context during the process of linguistic and cultural transferal in the acts of translation.

**PANEL 2 - ROOM 203**

**Food and Power Dynamics**

Chair:

Maria Luísa Malato  
(Univ. of Porto)

**From Anthropocene to Arthropocene: Human as Predator and Prey in Contemporary Speculative Fiction**

*Katarzyna Pisarska*

CETAPS – Centre for English, Translation and Anglo-Portuguese Studies / Maria Curie-Skłodowska University, Lublin

Darwinism has been enjoying recurrent popularity in literary and cinematic narratives, its vitality being noticeable in contemporary speculative fiction, and especially its post-apocalyptic variant. Such dark visions of the future tend to arise from the preoccupations and anxieties of our age, e.g. overpopulation, the scarcity of natural resources, the destruction of the environment, and scientists' attempts to modify the qualities of humanity and other species. These narratives may also reflect our fears of an encounter with a superior race, and our ensuing reduction to the position of slaves, hosts for parasites, or, worse still, food. This paper discusses a selection of speculative Darwinian narratives in which humans are in danger of being pushed or have already been pushed down the evolutionary ladder, and have to confront giant arthropods – arachnids or insects – as the new masters of the world. While analyzing the new alimentary practices resulting from the disturbed evolutionary hierarchies, the paper also interrogates the meaning of sentience and intelligence, humanity and morality in a world in which the place of humans at the top of the food chain is questioned, and their biological and technological domination is far from recoverable. The texts discussed include, among others, Colin Wilson's *Spider World*, Adrian Tchaikovsky's *Children of Time*, and Frank Herbert's *The Green Brain*.

**PANEL 2 - ROOM 203**

***Food and Power Dynamics***

**Chair:**

**Maria Luísa Malato  
(Univ. of Porto)**

**Katarzyna Pisarska**

Katarzyna Pisarska is Assistant Professor of English Literature at Maria Curie-Skłodowska University in Lublin, Poland, where she teaches courses on seventeenth- and eighteenth-century English literature, historical fiction, theories of literature and culture, and identity. She is the author of *Mediating the World in the Novels of Iain Banks: The Paradigms of*

*Fiction* (2013) and co-editor of *The Lives of Texts: Exploring the Metaphor* (2012). She has published articles and book chapters on British and American literature and utopian cinema and fiction. Her main research interests focus on Scottish fiction, utopian studies, the Gothic, and myth in literature and culture.

**PANEL 3 - ROOM 201**

**Technology and Archi-Food**

**Chair:**

Jaqueline Pierazzo  
(Univ. of Porto)

**Reaching “Archi-Gastronomy”: An Intersection of Space  
Production, Pastry And the Power of the Palate**

*Ana Sofia de Matos Pinto*

Faculty of Architecture of University of Porto (FAUP)

“Archi-Gastronomy” rises from an investigation concerning the gastronomical domain in its interaction with spatial production, questioning the role of taste (both gustative and aesthetical) on architectural production. The art of pastry, that in which “Archi-Gastronomy” focuses, is perceived as the most intimately related – and relatable – gastronomic participant within architecture. Works such those of French pastry chef Marie-Antoine Carême stand as proof of this undeniable connection. Experiencing architecture is tasting its materiality on the tongue, mobilizing the body and channelling the senses through an active exercise of the palate. The aim of an “Archi-Gastronomical” production is therefore the transposition of this immaterial experience of architecture into the realm of materialized, edible, sweet productions. Four “Archi-Gastronomical” prototypes have been created, translating – through the act of eating –, the experience of visiting four different architectural masterpieces, proving that architecture has, indeed, flavour and that it is transmissible to the mouth of Man.

**Ana Sofia Pinto**

Ana Sofia Pinto studied Architecture in the Faculty of Architecture of University of Porto (2013-2018), recently graduating with a Master Thesis entitled “Of Gastronomy and Architecture: reaching Pastry”. Her main domain of interest is focused on bridging the

gap between Architecture and food, specially the pastry arts, emphasizing the power of the sense of taste in architectural production and experience. She is currently planning on conducting further investigation through a PhD dissertation on the subject.

**PANEL 3 - ROOM 201**

***Technology and Archi-Food***

**Chair:**

Jaqueline Pierazzo  
(Univ. of Porto)

**“It tastes just like chicken”:**

**Techno-Utopia and the Future of Food in *The Blind Pig***

*Nora Castle*

University of Warwick

Techno-optimists believe that technological innovations are the answer to future food crises. Focus on such solutions, however, can obscure ethical issues of uneven and unequal access. Furthermore, technological solutions often overlook the cultural significance of food. This paper will examine these issues inherent in a “gastro-techno-utopia” through a reading of Elizabeth Dougherty’s speculative fiction novel, *The Blind Pig*. In the novel, hyper-personalized nutrition (at the expense of gastronomic pleasure) is mandated by the government; real food still exists but is illegal. Ultimately, the novel reveals the corruption of the corporate technocracy, siding with underground ‘Foodies’ who advocate for a return to real food. This paper sympathizes with such a conclusion, but argues that the novel conflates anti-GMO with anti-Big Pharma/Agro. It will ask, is there a middle ground between corrupt technocracy and a return to (unsustainable) agrarian ideals? What would an ethical version of Dougherty’s society look like?

**Nora Castle**

Nora Castle is a PhD student at the University of Warwick, funded by the Chancellor’s International Scholarship. Her project focuses on food and the environment in contemporary speculative fiction novels, with an emphasis on foodways in novels

set after drastic climate change or ecological disaster. She received her bachelors in English and East Asian Languages and Civilizations from the University of Pennsylvania and her masters in Modernities: Literature, Theory and Culture from the University of Glasgow.

**PANEL 3 - ROOM 201**

**Technology and Archi-Food**

**Chair:**

Jaqueline Pierazzo  
(Univ. of Porto)

**What May Happen in the Next Hundred Years:  
Joanna Russ's Food Forecast**

Marinela Freitas

ILCML - University of Porto

This paper analyses the motif of food in the speculative short-fiction of the North-American writer Joanna Russ. In two of her short-stories written in the 1950s and 1960s – “The Throwaways” and “Nor Costume Stale” –, the author explores the projection of possible futures shaped by the addiction to technology and overconsumption, two topics that remain in today’s political agenda. Anticipating what we would now call intelligent houses with the Internet of Things, and tackling the problem of a global disposable culture, Russ’s depictions of food are key to her critique of, in her own words, “the imperial nature of Capitalism, the desire to own and control everything, whether in its ascendant or disappointed phase”.

**Marinela Freitas**

Researcher at the Margarida Losa Institute for Comparative Literature (Univ. of Porto). She holds a Ph.D. in Anglo-American Studies from the University of Porto, on the poetry and poetics of Emily Dickinson and Luiza Neto Jorge. She has published in the areas of Comparative Literature, Portuguese and North-American Literatures, Feminist Studies, Queer Theory, and Utopian Studies. She is the author of *Emily Dickinson e Luiza Neto Jorge: Quantas Faces?* (Afrontamento, 2014), for which she received the PEN Club Award - Essay 2015. She has also co-edited

several books, including *New Portuguese Letters to the World: International Reception* (with Ana Luísa Amaral and Ana Paula Ferreira, Peter Lang, 2015), *Novas Cartas Portuguesas Entre Portugal e o Mundo* (with Ana Luísa Amaral, Dom Quixote, 2014) and *Utopia Matters* (with Fátima Vieira, UPorto, 2005). From 2015 to 2019, she developed a Post-doc project on Posthumanism, funded by the Foundation for Science and Technology (FCT). She is currently a member of the transdisciplinary research project “Alimentopia/Utopian Foodways”, funded by the FCT.

**PANEL 4 - ROOM 203**

***Utopia Foodways: From the Early Modern Era to the Enlightenment***

**Chair:**

José Eduardo Reis  
(UTAD)

**'Food Consumption and Production in  
an Imagined and Material South'**

*Liam Benison*

University of Porto, University of Kent

Early modern utopianism considered solutions to the upheavals that afflicted European societies as a result of religious conflict, the rise of capitalism, and Europe's integration into global trade networks. One way in which the utopian society's ideologies and religious practices were emblemized was through descriptions of food production and consumption practices. In this paper, I look at some examples of such customs and practices in seventeenth-century utopias set in Terra Australis Incognita ('the unknown south land'). I will then compare these imagined food practices with some examples of what is known about food production and consumption in Aboriginal societies in Australia before the colonial Invasions, to highlight some parallels and distinctions. Both Aboriginal cultures and early modern utopists would suggest that it is important to pay attention to the role of spirit or belief in the imagination and dissemination of alternative, more inclusive social formations.

**Liam Benison**

Joint-doctoral candidate at the University of Porto and the University of Kent, as part of the Erasmus Mundus programme, Text and Event in Early Modern Europe (TEEME). His dissertation, *Tropes in Motion beside Bandaiyan: The poetics of seventeenth-century European representations of the island continent*, investigates the circulation of tropes of early modern poetic geography in representations of Terra Australis Incognita and the island continent now known as

Australia. By setting these representations disseminated in maps, atlases and geographical treatises, theatre, voyage accounts, and utopias beside Aboriginal geographical knowledge, this research addresses the historiographical problem of how to frame the events that took place on the Australian continent before the British Invasions that began in 1788. His chief academic interests are utopianism, early modern cartography, and the history and impact of colonization in Australia.

**PANEL 4 - ROOM 203**

***Utopia Foodways: From the Early Modern Era to the Enlightenment***

**Chair:**

José Eduardo Reis  
(UTAD)

**Enough is Enough: Food in Utopias After More (16th-17th Centuries)**

*Maria Luísa Malato*

University of Porto

The distinction between “body utopias” and “city utopias” made by Lyman Sargent (2010) is very important to study the presence of food in modern utopias. In fact, after More’s *Utopia*, the literary model of “utopia” identifies a very specific kind of utopism: the imagination of a “polis” or city (and not only a virtual space) with human and urban qualities, with citizens obliged to sustain themselves, with a social strategy. Food will no longer be provided by God(s), like in Golden Ages, Blessed Islands, Cockaigne countries or Paradise. Utopian nurtures demand, most of the time, a well-regulated system with no excess of food or effort to obtain it. Unlike Arcadias, Edens or Cockaigne countries, modern utopias seem to emphasize that generosity of mother nature is not infinite, and sobriety is essential to control famine. Nevertheless, the transition between body utopias and city utopias is not absolute: the representation of Eden is still the basis of human cities, dreaming with a pre-Babelic and a pre-Adamic state, with a well-preserved tree of knowledge.

**Maria Luísa Malato**

Associated Professor with tenure at the University of Porto (Faculty of Arts and Humanities, Univ. of Porto, Portugal); MA and PhD in Comparative Literature. Main fields of research: Utopian Studies, Rhetorical Studies and Theatrical Studies (18th-19th centuries). Member of the Institute for Comparative Literature Margarida Losa (ILCML), unit of R&D

financed by the FCT/ Portugal (since 1999) and researcher in two main projects: Alimentopia/ Food Utopian Studies and Inter/ Transculturalidades. Vice-President of the APLC/ Portuguese Comparative Literature Association (2013-2018). Co-Editor of *Pontes de Vista. Revista de Filosofia e Literatura*, online journal about Philosophy & Literature.

**PANEL 4 - ROOM 203**

**Utopia Foodways: From the Early Modern Era to the Enlightenment**

**Chair:**

José Eduardo Reis  
(UTAD)

**Adventures and Castaways, Scarcity and Plenty in Eighteenth-Century Speculative Fiction**

*Jorge Bastos da Silva*  
University of Porto

Jorge Bastos da Silva teaches in the Department of Anglo-American Studies, the Faculty of Arts and Humanities, University of Porto. His main fields of research are English Literature and Culture, Intellectual History, Utopian Studies, and Translation and Reception Studies. He is the author and editor of a number of works, among which: *English Literature and the Disciplines of Knowledge, Early Modern to Eighteenth Century: A Trade for Light* (2017); *A Time to Reason and Compare: International Modernism Revisited One Hundred Years After* (2016);

*Tradução e Cultura Literária. Ensaio sobre a Presença de Autores Estrangeiros em Portugal* (2014); *The Epistemology of Utopia: Rhetoric, Theory and Imagination* (2013); *A Instituição da Literatura. Horizonte Teórico e Filosófico da Cultura Literária no Limiar da Modernidade* (2010); *Vasco José de Aguiar, Utopista Português do Século XIX* (2010); *Shakespeare no Romantismo Português. Factos, Problemas, Interpretações* (2005); *Utopias de Cordel e Textos Afins. Uma Antologia* (2004); *O Véu do Templo. Contributo para uma Topologia Romântica* (1999). He is the editor of *Op. Cit.: A Journal of Anglo-American Studies*.

**PANEL 5 - ROOM 201**

**Utopian and Dystopian Foodways**

**Chair:**

Marta Correia  
(Univ. of Porto)

**Fuelled by Bodies, Fed by Souls: Exploring Hungry Houses in Horror Fiction**

Jaqueline Pierazzo

FLUP/CETAPS - University of Porto

When we think about horror and food, we can easily recall the most obvious relation: the idea of eating flesh, especially human flesh. Cannibalism has, indeed, been a wealthy source for horror fiction since its beginning: vampires, zombies, soul eating demons and famous cannibals like Dr. Hannibal Lecter pop up almost instantaneously in our (horror fans') minds. The connection between food and horror, however, can be explored in a variety of different ways, one of which I intend to explore in this paper: the importance of the idea of devouring, consuming, and hunger. To achieve this goal, I will pay special attention to a motif very common in horror literature: the haunted house. I will consider in particular two works: *The Haunting of Hill House* by Shirley Jackson and *The Fall of the House of Usher* by Edgar Allan Poe. My goal is to explore the different meanings of food, the act of devouring and being devoured and their implications in the achievement of the effect of terror in those narratives. Based on the considerations made by Lorna Piatti-Farnell in the book *Consuming Gothic: Food and Horror in Film*, I intend to shed new light into Jackson's and Poe's works through a comparative reading that emphasises the interdisciplinary relation between food and terror, using theoretical basis of both Food Studies and Horror Studies.

**Jaqueline Pierazzo**

Jaqueline Pierazzo completed her undergraduate studies at the University of Campinas (Brazil) in 2011. She obtained her Masters degree at the University of Porto (Portugal) in 2016 in Anglo-American Studies with the dissertation titled *Between Terror and Sublime: The Female Characters in "Berenice", "Morella" and "Ligeia"*. She is

currently a PhD candidate at the Faculty of Arts and Humanities of University of Porto. Her main interests are Edgar Allan Poe's works, Gothic and Terror Literature and Digital Humanities. Her PhD thesis main focus is the creation of an annotated digital edition of Edgar Allan Poe's writings of terror.

**PANEL 5 - ROOM 201**

***Utopian and Dystopian Foodways***

**Chair:**

Marta Correia  
(Univ. of Porto)

**“Please, oh Snowman, what is toast?”: Memories and Nostalgia for Food in Margaret Atwood’s *The Handmaid’s Tale* and *Oryx and Crake***

M.J. Sousa Oliveira

CETAPS - University of Porto

In this presentation, I will take Margaret Atwood’s *The Handmaid’s Tale* (1985) and *Oryx and Crake* (2003) as examples of dystopian novels which make use of the utopian function of remembering food. In the former, Offred’s memories often associate food with a good feeling, which works directly to counter dystopian despair. While in the latter, whereas the Crakers do not remember the food from before the catastrophe, Snowman/Jimmy longs for the “real” food of a distant past. I explore how the tension between the dystopian present and the traces of utopia which can be found in meals from the past results in a critical nostalgia that opens up utopian possibility. Therefore, by looking backward at an age of plenty, past meals and food become an essential part of, on the one hand, comfort, and on the other, resistance to the characters surviving in dystopia.

**M.J. Sousa Oliveira**

M.J. Sousa Oliveira is an undergraduate student at the Faculty of Arts and Humanities of the University of Porto, and will soon be pursuing his studies in the field

of Anglo-American Studies. He has also recently completed a traineeship at CETAPS within the project ALIMENTOPIA – Utopian Foodways.

**PANEL 5 - ROOM 201**

***Utopian and Dystopian Foodways***

**Chair:**

Marta Correia  
(Univ. of Porto)

**The Shape of Food to Come: Food Concerns and Nutrition in Kim Stanley Robinson's *Martian Trilogy***

Fábio Fernandes  
PUC-SP

In his novels *Red Mars*, *Green Mars*, and *Blue Mars*, American science fiction writer Kim Stanley Robinson showed great concern with the logistics of food transportation, distribution, production, and consumption in an unusual scenario: the colonization of Mars, in the twenty-first century. Can science fiction novels provide us with a roadmap for a future anthropology of nutrition? Robinson examines this question with a scientist's eye, giving his readers not "handwavium" (that is, magical) solutions, but trusting in what techniques we have developed today and what technologies we are on the brink of creating in the next few years. What can possibly be the contribution of this awarded trilogy to our food future in the Anthropocene? This is what this paper will aim to find.

**Fábio Fernandes**

Fábio Fernandes is Assistant Professor at the Digital Games course of PUC-SP (Brazil). He is the author of several articles and two academic books: *A Construção do Imaginário Cyber* and *No Tempo das Telas*. Fernandes is also a science fiction writer, with stories published internationally and two books in Brazil: the novel *Os Dias da*

*Peste* and the novelette *Oneironautas*. In 2013, he co-edited the postcolonial science fiction original anthology *We See a Different Frontier*. He translated several science fiction books to Brazilian Portuguese, such as *A Clockwork Orange*, *Neuromancer*, and *Ancillary Justice*. He is a Clarion West graduate (2013)

**PANEL 6 - ROOM 203**

**Food Negotiations and Culture**

**Chair:**

Aline Ferreira  
(Univ. of Aveiro)

**Empathy through Foodways in Colum McCann's *Let The Great World Spin***

Alvany Rodrigues Noronha Guanaes  
University of São Paulo

Food is in some way part of every culture and of each human being's life. Its ubiquity allows it to be a universal discourse which may make it easier to understand diversity, once one knows how others relate to food. As comprehension is the door to build up empathy, this essay seeks to discuss how it may be evoked in readers through food-character interaction in Colum McCann's *Let the Great World Spin*. In this novel, a radical Irish priest, prostitutes and a group of mourning mothers, among other characters, cross their paths and share their losses, hopes and differences placed in 'crisis heterotopies'. The focus is to throw light on the chosen characters' disturbed contexts showing how their particular traits, revealed through foodways, may be appealing to the reader at the point of creating an empathic bond.

**Alvany Rodrigues Noronha Guanaes**

Alvany Guanaes holds a PhD and a Master's degree from the University of São Paulo in English Language literatures. The focus of her thesis was Native Canadian women autobiographical novels and her master's work was about the presentification of myths in Laguna Pueblo author Leslie Marmon Silko's *Almanac of the Dead*. Currently she has

been researching about empathy and foodways, focusing on the work of the Irish author Colum McCann. She has been giving literature lectures and workshops in several institutions and has been a teacher for over twenty-five years. Currently she is on a sabbatical in order to dedicate herself to her new field of study.

**PANEL 6 - ROOM 203**

***Food Negotiations and Culture***

**Chair:**

Aline Ferreira  
(Univ. of Aveiro)

**“Comer/Beber” – Food as a Form of Escape of Reality: Resistance and Redemption**

*Catarina Lima Silva*  
University of Porto

Food and drink can be used in literature as a mechanism to set up a story or as an element to it. In the comic book “Comer/Beber”, by Filipe Melo and Juan Cavia, we see food and drink being important parts in the two short stories featured. At the same time, a bottle of champagne and an apple pie are used as ways to trigger events that dramatically change the course of the characters lives, contributing to a memory reflex (much in a Proustian way) that shows us a real life utopic/dystopic moment lived by the main characters. The memories relived by these characters shows how food (or drink) not only plays a central role in peoples’ lives, but also can drive people into a path that can accentuate and consolidate their humanity, and enhance the journey people should make to achieve utopia (or escape dystopia).

**Catarina Lima Silva**

Catarina Joana Rodrigues Lima dos Santos Silva recently present at several conferences, and got her degree in Languages and International Relations at University

of Porto. She has also obtained a Master’s degree in History, International Relations and Cooperation at the same University.

**PANEL 6 - ROOM 203**

***Food Negotiations and Culture***

**Chair:**

Aline Ferreira  
(Univ. of Aveiro)

**“Together because it is good to do so”: Meals, Food, and Africa in Chinua Achebe**

*Sofia Melo Araújo*

ESE-IPP/FLUP - University of Porto

Fusion is not merely a gastronomic concept. As he strived to father the future African novel, Chinua Achebe dwelt with a multitude of aspects entwining African and European cultures. This paper will look at how food itself became a core part of *Things Fall Apart*, and the entire African trilogy.

**Sofia Melo Araújo**

Sofia Melo Araújo is an adjunct professor at the School of Education - Polytechnic

Porto. Lecturer at FLUP (PEUS). Researcher at CETAPS. Collaborator at ILC and CITCEM.

**PANEL 7 - ROOM 201**

**Words for Food**

**Chair:**

Sofia de Melo Araújo  
(Univ. of Porto)

**Words for Food Security in the World: What Can We Learn with the United Nations reports?**

Virgínia Henriques Calado  
University of Lisbon

Based on the United Nations' report *The State of Food Security and Nutrition in the World* (2018), and having Anthropology as the scientific area of reference, I will analyze the vision about food presented there and the actions which are suggested to face food insecurity. The projections about the future of food that are made in this report are relevant in defining measures to address both food scarcity and inadequate food choices. What words and issues are used to present a vision of food and what is the main narrative that can be identified in this report? How are worries about the future articulated with specific programs of action? These are some of the questions that will guide this presentation.

**Virgínia Henriques Calado**

Virgínia Henriques Calado is a researcher at the Institute of Social Sciences at the University of Lisbon. She graduated in Social Anthropology (ISCTE) and completed her master's degree in Sociology at the same institution. She obtained her PhD degree in Social Sciences (specializing in Social

and Cultural Anthropology) at the Institute of Social Sciences, University of Lisbon (2012). Anthropology of food is one of her main areas of expertise. She is the author of the book *A Proposta Macrobiótica de Experiência do Mundo* (Imprensa de Ciências Sociais, 2015)

**PANEL 7 - ROOM 201**

***Words for Food***

**Chair:**

Sofia de Melo Araújo  
(Univ. of Porto)

**Tales of Virtuous Consumption: Quinoa Narratives of Redemption**

*Isabel P. B. Fêo Rodrigues*

University of Massachusetts Dartmouth

This paper will focus on the commodification of quinoa and the discursive power of food narratives, which purposely target our senses and desires promising not only to alleviate our food anxieties but also to bridge the gap between the social conditions of food production and Western obliviousness about food and the impact our consumption has on local producers. By creating a fiction about food production, consumers increasingly ingest food narratives that promise to bring them to a better place—more just, healthier, and overall sustainable. In other words, by commodifying certain foods as authentic, historically unchanged and uncontaminated by the West, consumers also satiate their hunger for food justice and for a better world, without having to relinquish their comforts as distant consumers far removed from the laborious production.

**Isabel P. B. Fêo Rodrigues**

Isabel P. B. Fêo Rodrigues received a Ph.D in Anthropology from Brown University in 2002 and is currently a Professor of Anthropology at the University of Massachusetts Dartmouth. Her research and publications engage ethnohistorical processes of cultural and linguistic change, food and wellness,

food insecurity and inequality, gendering and racialization, colonialism and creolization. She is also engaged in applied research in the fields of sociolinguistics, medical anthropology, and migration for both non-profit and government organizations.

**PANEL 7 - ROOM 201**

**Words for Food**

**Chair:**

Sofia de Melo Araújo  
(Univ. of Porto)

**A Method to Define Nutrition Related Terms**

*Raquel Silva / Rute Costa*

NOVA CLUNL, NOVA University of Lisbon

In the National Food Programme (PNPAS)[1], the Directorate General for Health (DGS) has defined among its five main objectives a line of action essentially dedicated to informing and empowering citizens as regards the consumption of healthy food, more specifically targeted at groups with less access to scientific information on nourishing habits, with the primary objective of improving the nutritional status and health of the Portuguese population in general.

This line of action complies with the economic and social guidelines issued by the World Health Organization (WHO), which, in its various strategic documents, has determined the formulation of health policies worldwide, whereby food and nutrition are now considered key elements in the definition of objectives, strategies and recommendations in its various programmes and policies, namely 'Health 2020: a European Policy Framework and Strategy for the 21st Century'.

Concerned with how to respond to this broader challenge of facilitating citizens' access to information on food and nutrition through the definition of the main concepts that structure this area of knowledge, this communication gives an account of the experience lived in the framework of the project Alimentopia – Utopian Foodways, which led us to describe a methodology whose design resulted from a cooperation between terminologist linguists and nutritionists to create 'descriptive definitions'. By 'descriptive definition' we mean a text that derives from a process of popularisation that begins with the analysis of scientific definitions or definitive contexts, which defines concept and term in order to be understood by the general public.

As a result, we intend to emphasise the importance of the accuracy and correctness of natural language definitions to ensure that communication is adapted to the general public, as well as the validation process created to access the knowledge of nutritionists.

### PANEL 7 - ROOM 201

#### *Words for Food*

**Chair:**

Sofia de Melo Araújo  
(Univ. of Porto)

#### Raquel Silva

Raquel Silva is an integrated researcher at CLUNL with PhD on Linguistics. She develops theoretical research and methodologies applied to terminology management for public or private sectors. CLUNL post-doctoral fellow in Terminology, in the Lexicology, Lexicography and Terminology research group. She participated in the project BDTT-AR Creation of the Terminological and Textual Database of the Portuguese Parliament (2005/2007 and 2009/2012) and in the project Terminology for the development of Public Administration in Angola – TERMAP-AO (2014/2019). She was a guest teacher in the Master in Terminology and Management of Information for Special Purposes at NOVA FCSH (2008/2017). She also provides language consulting, translation, proofreading and terminology management services.

#### Rute Costa

Rute Costa is Associate Professor with 'Agregação' in Linguistics – Lexicology, Tenure, Terminology, at NOVA University of Lisbon. She is the chairperson of CLUNL's Scientific Committee. She is also the chairperson of ISO/TC37/SC2 "Terminology workflow and language coding". Between 2000 and 2006, she was the chairperson of the European Association of Terminology (EAFT). At NOVA FCSH she teaches Terminology, Theories in Terminology, Terminology and Ontologies, among others. At present, she is a guest lecturer at Université Savoie Mont-Blanc, France. She was a guest lecturer at University of Luxembourg and Universidade Agostinho Neto, Luanda. She is guiding a dozen of PhD theses, supervising and co-supervising. In 2011, she was awarded the Order "Chevalier de l'Ordre des Arts et des Lettres".

**PANEL 8 - ROOM 203**

**Food Ethics and Utopian Diet**

**Chair:**

Teresa Botelho  
(NOVA University of Lisbon)

**Dystopian Food: Genetically Modified Seeds and Bioengineered Meals in a Post-Ecocide World**

*Aline Ferreira*

University of Aveiro

This paper reflects on the future of food genetically engineered to resist environmental disasters as a result of global warming through the lens of three recent dystopian novels: Don LePan's *Animals* (2010), Rob Ziegler's *Seed* (2011) and Elizabeth Dougherty's *Blind Pig* (2013). In these dystopias, the breakdown of the ecosystems forces humans to develop bioengineered seeds that will withstand radical temperature fluctuations. On the other hand, the greed of mega-corporations to keep their monopoly on food practices and politics is instrumental in maintaining and extending their control over what food is consumed and by whom. What practices are justifiable in radically altered circumstances, including the depletion of natural resources, to produce enough food to keep people alive? Is the creation of hybrid seeds and species ethically acceptable without at least a reasonable knowledge of the possible consequences of their effect on the environment? Ecological crises and food production are inextricably linked, while the connection between capitalism, food and the environment has often been highlighted. These and related issues will be analysed with recourse to recent theoretical work that will help shed light on the complex and vexed questions fictionally dramatized in the above-mentioned dystopias.

**Aline Ferreira**

Aline Ferreira is an Associate Professor at the University of Aveiro in Portugal where she teaches English Literature and Cultural Studies. Her main interests comprise the intersections between literature and science, bioethics, feminist utopias and

women's studies. Publications include *I Am the Other: Literary Negotiations of Human Cloning* (Greenwood Press, 2005). She is now working on a book provisionally entitled: *The Sexual Politics of the Artificial Womb: Fictional and Visual Representations*.

**PANEL 8 - ROOM 203**

***Food Ethics and Utopian Diet***

**Chair:**

Teresa Botelho  
(NOVA University of Lisbon)

**“Experiencing food in Anne of Saint Bartholomew (1549-1626)”**

*Rebeca Sanmartín Bastida*

Universidad Complutense de Madrid

Anne of Saint Bartholomew (1549-1626) is a famous Spanish disciple of Saint Teresa of Avila, named Blessed, who in her prolific writing devoted much attention to food. The role that food plays in her life interests us from several points of view: her conception of the prioress as a lactating mother; her cannibal understanding of Saint Teresa’s relics; her ambivalent relationship with fasting (holy anorexia) in her letters; and finally, her broad description of the relationship between nuns and food, that help us better understand how conventual diets were conformed (which in her case could even include eating incense). From all these elements this paper will draw some conclusions that may affect our understanding of some of the items proposed in this conference: Utopia, Food and Gender; Food as Intercultural Conversation and Form of Sociability; Dystopia, Food Disorders and Transgressions and Food Ethics and Utopian Diets.

**PANEL 8 - ROOM 203**

**Food Ethics and Utopian Diet**

**Chair:**

**Teresa Botelho**  
(NOVA University of Lisbon)

## Rebeca Sanmartín Bastida

Associate Professor (Profesora Titular) at the Universidad Complutense de Madrid. She has published the following books: *Imágenes de la Edad Media: La mirada del Realismo* (2002), *Teatralidad y textualidad en el Arcipreste de Talavera* (2003), *Las metamorfosis de la alegoría: Discurso y sociedad en la Península Ibérica desde la Edad Media hasta la Edad Contemporánea* (with Rosa Vidal Doval, 2005), *El arte de morir: La puesta en escena de la muerte en un tratado del siglo XV* (2006), *La representación de las místicas: Sor María de Santo Domingo en su contexto europeo* (2012), *La Revelaciones de María de Santo Domingo* (with María Luengo, 2014) and *La comida visionaria: Formas de alimentación en el discurso carismático femenino del siglo XVI* (2015).

Her research encompasses several eras, although she favors especially the 15th,

16th and 19th Centuries. Sanmartín Bastida has specialized in the study of nineteenth-century medievalism and in the analysis of the performative qualities of medieval texts. Currently she is in charge of a four-year research project (2016-2019), funded by the Spanish Government, that analyses the rise of female authority in convents and “beaterios” and the interplay between this space and the space of the court in the 15th- and 16th-century Castile. Sanmartín Bastida has worked for several years at the Consejo Superior de Investigaciones Científicas (Madrid, 1996-2004) and at the University of Manchester (UK, 2001-2003), and has been awarded with fellowships at the University of Sorbonne (Paris IV, 1999) and Harvard University. She has also been Visiting Professor at the Universities of Nottingham (2014) and Trento (2016).

**PANEL 8 - ROOM 203**

**Food Ethics and Utopian Diet**

**Chair:**

Teresa Botelho  
(NOVA University of Lisbon)

**One Theme to Unite Them All: Briefly Assessing the Importance of Food in the Harry Potter Series**

*João Castro Santos*

FLUP/CETAPS - University of Porto

Literary scholars have claimed for a long time that food is hardly a worthy topic of academic research, insisting that emphasis must be placed on other more relevant motifs such as identity and death. With this paper I wish to present a brief mapping of the use and progress of food throughout the Harry Potter saga. Furthermore, it will be my purpose to emphasize the importance of the study of food for literary analysis. I will attempt to identify key moments of the series that help in the definition of food as an essential key plot point and a device to be used in the connection of the remaining and more relevant themes of the saga such as myths, science and even death. For this purpose I will use theoretical research employed by experts from both the Food Studies field and the Digital Humanities.

**João Castro Santos**

João Castro Santos is a PhD candidate at FLUP part of the research group Alimentopia: Utopian Foodways. He is currently doing his thesis on Food Spaces in the Harry Potter series through the lens of both Spatiality Studies and the Digital Humanities, being that his research has earned him a FCT scholarship. His Master's

was in Anglo-American Studies by the same faculty and his Dissertation also on Harry Potter taking into consideration the relations existing between Magic, Religion and Science. His more general interests are Fantasy Literature and, more broadly, English culture and literature of the 20th and 21st centuries.

## **PANEL 9 - ROOM CASA COMUM**

### ***Food of the Future***

**Chair:**

Fátima Vieira  
(Univ. of Porto)

## **Beyond Nutrients: Meals, Culture and Social Behaviour**

*Helena Trigueiro*

Faculty of Nutrition and Food Sciences, University of Porto / Faculty of Sciences, University of Porto/ NNEdPro Global Centre for Nutrition and Health

Commensality is one of the most remarkable manifestations of social behavior, as it is an effective way to build community and strengthen connections through sharing a social eating context that allows empathy and dialogue. Defying a shared meal as an “eating occasion that includes prepared food” would be an oversimplification of an essential nutritional, biological, social and cultural event. This paper conveys a nutritionist’s reflection about the need to recognize food and meals as the starting point for different social and cultural pathways that meaningfully impact an individual and society.

## **Helena Trigueiro**

Helena Trigueiro graduated in Nutritional Sciences at Faculty of Nutrition and Food Sciences, University of Porto. She became a Nutritionist with a special interest for Sports Nutrition and Public Health and is currently a Master of Science Student of Consumption

Sciences and Nutrition at University of Porto. She collaborates with NNEdPro Global Centre for Nutrition and Health as part of the Global Innovation Panel and Faculty and Members Panel.

## PANEL 9 - ROOM CASA COMUM

### Food of the Future

Chair:

Fátima Vieira  
(Univ. of Porto)

### Food in Climate Change Fiction

Teresa Botelho

NOVA Univ. of Lisbon

Climate change fiction, shaped by an anticipatory imagination of risk that extrapolates from present tendencies to imagine possible futures in our horizon, frequently uses the materiality and indispensability of the body-sustaining acts of drinking and eating to depict protocols of food production and consumption that function as shorthand signifiers of a number of cultural divergences with the now. In these imagined landscapes to come, foodways may be used as symbolic tools to represent loss or threat to what is perceived to be the natural order, and to pinpoint the challenges to human inventiveness and empathy created by the collapse of environmental sustainability. This paper will concentrate its attention on texts that depict catastrophic climate crises grounded on the threats of extreme draught and extreme flooding caused by sea level rises (Paolo Baccigalupi's *The Water Knife* (2015) and Kim Stanley Robinson's *New York 2140* (2017), ), examining how they project survivalist or cooperative human responses.

### Teresa Botelho

Teresa Botelho is Associate Professor of American Studies at The Faculty of Social and Human Sciences, NOVA University of Lisbon. She is also a member of the research group Mapping Utopianisms (CETAPS), or the Alimentopia research project and convener of the research strand American Intersections at CETAPS. She has published extensively on African American and Asian

American culture and literature, theater and drama, science fiction and dystopian literature. Her current interests include technological utopias/dystopias and the post-human, satire and post-black literature, the collaboration between science the arts and literature, especially in drama, and literary and visual representations of 9/11.

**PANEL 9 - ROOM CASA COMUM**

**Food of the Future**

**Chair:**

Fátima Vieira  
(Univ. of Porto)

**After the Flood: A Reading of José Eduardo Agualusa's *Life in the Sky***

Márcia Lemos

CETAPS, University of Porto

In his film documentary *Before the Flood* (2016), Leonardo DiCaprio provided an impressive body of evidence proving that climate change is the biggest problem facing humanity. DiCaprio departs from Hieronymus Bosch's triptych 'The Garden of Earthly Delights' to explain that a (second) deluge though terrifying is more and more a possibility. This is actually the scenario of José Eduardo Agualusa's novel *Life in the Sky*. In Agualusa's text only one percent of humans survive the greatest of all floods. This paper aims to analyse humanity's existence in the sky as the reversal of what was once considered a new utopian frontier. Indeed, in the 18th century, the invention of hot air balloons enabled humans to dream of an upper place to accomplish their desires. On the contrary, in Agualusa's novel, humans look down hoping to find a surviving piece of land that could render life on earth a possibility again.

**Márcia Lemos**

Márcia Lemos is a member of CETAPS at the University of Porto. She holds a PhD in English Literature with a dissertation on James Joyce's *Finnegans Wake*. She has published in different magazines, scholarly journals and in international collective

volumes. In 2017, she coedited *Exchanges between Literature and Science from the 1800s to the 2000s: Converging Realms* (Cambridge Scholars Publishing) with Miguel Ramalhete Gomes.

## PANEL 9 - ROOM CASA COMUM

### *Food of the Future*

Chair:

Fátima Vieira  
(Univ. of Porto)

### **Dinner is in the Replicator: What Feeds Star Fleet?**

*Cristina Macía*

Author and Translator

A light-hearted approach to the lack of attention to food in the Star Trek future.

### **Cristina Macía**

Cristina Macía is translator of many SF and Fantasy authors (such as George RR Martin and Terry Pratchett) into Spanish as well as of cookbooks, which she herself also writes. Recent titles are the UK bestseller *The Angry Chef* and *New Art of Cookery: A Spanish Friar's*

*Kitchen Notebook*. In 2012 she and Ian Watson collaborated on *50 Recetas con nombre* ('50 meals named after people') for Spain's biggest book club. Portugal is represented by Cod Gomes de Sá, from Porto.



**DOCUMENTARY  
WORKSHOP**



**ROOM 332 (Biblioteca do Fundo Antigo)**  
**Documentary: Worlds of Ursula K. Le Guin (2018)**

16:30–17:30

**Directed by:** Arwen Curry  
**Score by:** William Ryan Fritch  
**Produced by:** Arwen Curry  
**Cinematography by:** Andrew Black

This film explores the remarkable life and legacy of the late feminist author Ursula K. Le Guin. Best known for groundbreaking science fiction and fantasy works such as 'A Wizard of Earthsea', 'The Left Hand of Darkness', and 'The Dispossessed', Le Guin defiantly held her ground on the margin of "respectable" literature until the sheer excellence of her work, at long last, forced the mainstream to embrace fantastic literature. Her fascinating story has never before been captured on film. Produced with Le Guin's participation over the course of a decade, *Worlds of Ursula K. Le Guin* is a journey through the writer's career and her world's, both real and fantastic. Viewers will join the writer on an intimate journey of self-discovery as she comes into her own as a major feminist author, opening new doors for the imagination and inspiring generations of women and other marginalized writers along the way. The film features stunning animation and reflections by literary luminaries including Margaret Atwood, Neil Gaiman, David Mitchell, Michael Chabon, and more.

## Festivals

Sheffield Doc Festival 2018 (UK) - Mill Valley festival film festival 2018 (CALIFORNIA, USA) - PTFF Port Townsend film festival 2018 (WASHINGTON, USA) - Ashland independent film festival (OREGON, USA) - Santa Cruz film festival 2018 (CALIFORNIA, USA) - Glendale International Film festival 2018 (CALIFORNIA, USA) - Vancouver International Film Festival - 2018 (CANADA) - Tacoma Film Festival 2018 Official Selection (WASHINGTON, USA) - Litquake 2018 (SAN FRANCISCO, USA) - Louisville's International Festival of Film Official Selection 2018 (KENTUCKY, USA) - Oregon Independent Film festival (Oregon, USA) - Kaunas International Film Festival (LITHUANIA) - Glasgow Youth Film Festival (SCOTLAND, UK) - AnsibleFest, Bilbao (SPAIN) - Les Utopiales, Festival international de Science Fiction (FRANCE)

**WORKSHOP ROOM**  
*Workshop on Creative Writing*

Luís Filipe Silva  
João Barreiros

This workshop on the basic principles of creative writing will be led by Portuguese science fiction writers João Barreiros and Luís Filipe Silva. It will be an interactive discussion especially targeted at young students interested in SF literature. The workshop will be held in Portuguese.

### Luís Filipe Silva

Luís Filipe Silva is an awarded Portuguese science fiction writer, who has published several books as well as stories in various Portuguese magazines and newspapers. His work has also been published in Spain, Brazil and Serbia.



### João Barreiros

João Manuel Rosado Barreiros, also known by the pseudonym José de Barros, is a Portuguese science fiction writer, editor, translator and critic. He graduated in Philosophy from the University of Lisbon in 1977, and became a high school Philosophy teacher in 1975. His experiences in education eventually led him to write a semi-autobiographical satire titled “The Test” in 2000. Some of his work has been translated into English, Spanish, French, Italian and Serbian.







CIÊNCIA, TECNOLOGIA  
E ENSINO SUPERIOR

